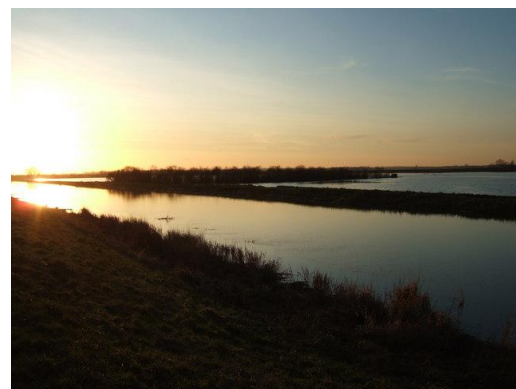


OUSE WASHES EXPERIENCE



Acknowledgment Richard Humphrey
www.geopgraph.co.uk

A unique opportunity to ride/run the washes from Mepal to Welney, enjoying outdoor attractions, wildlife, and raising money for Charity

Ride/run 6.4Km, 15Km off-road in support of MAGPAS and Rotary Charities



Date: Sunday 6th April 2014

Time: 9:00 registration for 09:30 start

Where: Mepal Outdoor Centre (A142)

Please pre-register on line at

www.rotaryclubely-hereward.org



organised by the Ely Hereward Rotary Club in association with



Ouse Washes
The Heart of the Fens



ENVIRONMENT
AGENCY



WHAT TO DO NOW

- Log on to www.rotaryclubely-hereward.org
- Follow the link (on the homepage) to the OWE page.
- Download and read the T&C
- Click on Eventbrite, register, pay and fill out questionnaire. You will be asked to agree to the T&C during this process. The T&C can be downloaded from the OWE webpage.

PLEASE NOTE

Bikers – min. age 5 (Parental consent required for 5 – 13 yr olds if ride beyond Welches Dam undertaken). Conventional 2 wheel bikes only please.

Runners – min. age 10 (Parental consent required for 10 – 13 yr olds if run beyond Welches Dam undertaken)

Corporate Groups – teams of 4 max. Over 16 only.
Registration fee Includes FREE T shirt

Family Groups – 1 / 2 parent family options. 1 child / 1 parent required .Minimum age restrictions as above apply. Children under 18 go free if included in family group.

Participants have the option to **raise sponsorship** through the My Donate website. A recommended amount of £50/ person is advised. This option will trigger a webpage on the MyDonate website for each individual enabling sponsorship payments to be made. These can be Gift aided.

Participants can **opt out of seeking sponsorship**, in which case a **self donation** is added to an collected with the registration
Please note: There may be cattle on the track. The track is thought to be unsuitable for wheelchairs.

E mail: owe2014@outlook.com for further information